Name		Period
Ms	Foglia • Regents Biology	Date
	LIPIDS REVIEW	
1.	List 3 foods that contain mostly lipids.	
2.	Are lipids chains of smaller molecules like carbohydrates?	
3.	List 3 ways that living creatures use lipids.	
4.	List 3 examples of lipids in living organisms.	
5.	List 2 examples of saturated fats.	
6.	List the general characteristics of saturated fat	
7.	List 2 examples of unsaturated fats	

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8.	List the general characteristics of unsaturated fat		
9.	Cholesterol is considered both a good and a bad molecule to have in your body. Why?		
10.	What structure in living organisms is made of a phospholipid?		
11.	Draw a simple picture of the close-up view of the cell membrane showing the molecules that make it up.		